



FSAT Level Test 2026/2027

Adults - Bronze

No	Elements
1	Choreographic sequence consists of at least two (2) different skating movements
2	Single Salchow Jump (1S)
3	Single Toe Loop Jump (1T)
4	Combination jump consists of single + single
5	Spin in one position without change of foot (minimum 4 rev.)
6	Spin in one position without change of foot (minimum 4 rev.). The position must be different than 4)

Adults - Silver

No	Elements
1	Choreographic sequence consists of at least two (2) different skating movements
2	Single Loop Jump (1Lo)
3	Single Flip Jump (1F)
4	Combination jump consists of Single + Single + Single (Only one jump can be repeated)
5	Spin in one position without change of foot (minimum 6 rev.)
6	Spin in one position with change of foot. (the position must be different than 4)

Adults - Gold

No	Elements
1	Step sequence fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, Hydroblading etc.
2	Single Lutz Jump (1Lz)
3	Single Axel Jump (1A)
4	Combination jumps or Jump Sequence consists of three jumps (Jumps may not be repeated). Euler may be performed in between jumps but may not be considered as a listed jump. Only Single jumps (Including 1A), 2S, 2T, and 2Lo are permitted.
5	Combination spin with a change of foot with at least 2 different basic positions (minimum 3 rev. on each foot)
6	Flying spin without change of foot (min. 4 rev)



FSAT Level Test 2026/2027

Adults - Master

No	Elements
1	Step sequence fully utilizing the ice surface. At least 2 difficult turns and steps must be executed on clean edges
2	Single Axel Jump (1A)
3	Double Jump
4	Combination jumps or Jump Sequence consists of three jumps (Jumps may not be repeated). Euler may be performed in between jumps but may not be considered as a listed jump. Only Single jumps and double jumps (including 2A) are permitted.
5	Combination spin with a change of foot (minimum 3 rev. on one foot and 8 rev. in total) or Combination spin without change of foot (minimum 2 rev. in each position) with all 3 basic positions.
6	Flying spin without change of foot (minimum 5 rev.)

Remarks:

- Skaters are required to dress in proper skating costume on the testing date.
- Test elements must be performed in the given sequence.
- Coaching during the test is not permitted.
- Downgraded jumps or elements with multiple errors are considered as **FAIL**.
- Only elements listed by the ISU are permitted.
- The Adults - Master level is intended for those skaters who completed previously FSAT Level 7-9 but is not mandatory for nor limited to such skaters. Skaters should enter at a level appropriate to their current skating ability.
- Adult skaters must be at least 22 years old.